

Adapted School Refusal Assessment Scale-Revised (A-SRAS-R)

Children sometimes have different reasons for not going to school. Some children feel badly at school, some have trouble with other people, some just want to be with their family, and others like to do things that are more fun outside of school.

This form asks questions about why you don't want to go to school. For each question, pick one number that describes you best for the last few days. After you answer one question, go on to the next. Don't skip any questions

There are no right or wrong answers. Just pick the number that best fits the way you feel about going to school. Select the number.

Here is an example of how it works. Try it. Select the number that describes you *best*.

Example:

How often do you like to go shopping?

Never	Seldom	Sometimes	Half the time	Usually	Almost always	Always
0	1	2	3	4	5	6

Now go to the next page and begin to answer the questions.

Name _____

Age _____ Gender _____

Date _____

1. How often do you have bad feelings about going to school because you are afraid of something related to school (for example, tests, school bus, teacher, fire alarm)?

Never	Seldom	Sometimes	Half the time	Usually	Almost always	Always
0	1	2	3	4	5	6

2. How often do you stay away from school because it is hard to speak with the other kids at school?

Never	Seldom	Sometimes	Half the time	Usually	Almost always	Always
0	1	2	3	4	5	6

3. How often do you feel you would rather be with your parents than go to school?

Never	Seldom	Sometimes	Half the time	Usually	Almost always	Always
0	1	2	3	4	5	6

4. When you are not in school during the week (Monday to Friday), how often do you leave the house and do something fun?

Never	Seldom	Sometimes	Half the time	Usually	Almost always	Always
0	1	2	3	4	5	6

5. How often do you stay away from school because you will feel sad or depressed if you go?

Never	Seldom	Sometimes	Half the time	Usually	Almost always	Always
0	1	2	3	4	5	6

6. How often do you stay away from school because you feel embarrassed in front of other people at school?

Never	Seldom	Sometimes	Half the time	Usually	Almost always	Always
0	1	2	3	4	5	6

7. How often do you think about your parents or family when in school?

Never	Seldom	Sometimes	Half the time	Usually	Almost always	Always
0	1	2	3	4	5	6

8. When you are not in school during the week (Monday to Friday), how often do you talk to or see other people (other than your family)?

Never	Seldom	Sometimes	Half the time	Usually	Almost always	Always
0	1	2	3	4	5	6

9. How often do you feel worse at school (for example, scared, nervous, or sad) compared to how you feel at home with friends?

Never	Seldom	Sometimes	Half the time	Usually	Almost always	Always
0	1	2	3	4	5	6

10. How often do you stay away from school because you do not have many friends there?

Never	Seldom	Sometimes	Half the time	Usually	Almost always	Always
0	1	2	3	4	5	6

11. How much would you rather be with your family than go to school?

Never	Seldom	Sometimes	Half the time	Usually	Almost always	Always
0	1	2	3	4	5	6

12. When you are not in school during the week (Monday to Friday), how much do you enjoy doing different things (for example, being with friends, going places)?

Never	Seldom	Sometimes	Half the time	Usually	Almost always	Always
0	1	2	3	4	5	6

13. How often do you have bad feelings about school (for example, scared, nervous, or sad) when you think about school on Saturday and Sunday?

Never	Seldom	Sometimes	Half the time	Usually	Almost always	Always
0	1	2	3	4	5	6

14. How often do you stay away from certain places in school (e.g., hallways, places where certain groups of people are) where you would have to talk to someone?

Never	Seldom	Sometimes	Half the time	Usually	Almost always	Always
0	1	2	3	4	5	6

15. How much would you rather be taught by your parents at home than by your teacher at school?

Never	Seldom	Sometimes	Half the time	Usually	Almost always	Always
0	1	2	3	4	5	6

16. How often do you refuse to go to school because you want to have fun outside of school?

Never	Seldom	Sometimes	Half the time	Usually	Almost always	Always
0	1	2	3	4	5	6

17. How often do you have a problem going to school because you have bad feelings about school (e.g., scared, nervous, sad)?

Never	Seldom	Sometimes	Half the time	Usually	Almost always	Always
0	1	2	3	4	5	6

18. How often do you have a problem going to school because you find it difficult to make friends?

Never	Seldom	Sometimes	Half the time	Usually	Almost always	Always
0	1	2	3	4	5	6

19. How often do you have a problem going to school because you're not with your parents when you're at school?

Never	Seldom	Sometimes	Half the time	Usually	Almost always	Always
0	1	2	3	4	5	6

20. How often do you have a problem going to school because, after school hours, you don't get to do many of the things you like to do (e.g., being with friends)?

Never	Seldom	Sometimes	Half the time	Usually	Almost always	Always
0	1	2	3	4	5	6

21. Some boys/girls have bad feelings about school (e.g., scared, nervous, sad). How often do you have bad feelings about school, compared to others your age?

Never	Seldom	Sometimes	Half the time	Usually	Almost always	Always
0	1	2	3	4	5	6

22. Some boys/girls stay away from people at school. How often do you do that, compared to others your age?

Never	Seldom	Sometimes	Half the time	Usually	Almost always	Always
0	1	2	3	4	5	6

23. Some boys/girls like to stay at home with their parents rather than go to school. How often would you like to stay at home with your parents, compared to others your age?

Never	Seldom	Sometimes	Half the time	Usually	Almost always	Always
0	1	2	3	4	5	6

24. Some boys/girls would rather do fun things outside of school during school-time. How often do you want to do that, compared to others your age?

Never	Seldom	Sometimes	Half the time	Usually	Almost always	Always
0	1	2	3	4	5	6

Thank you!