



FORANDRINGSFABRIKKEN
THE CHANGE FACTORY

MEDIA & SOCIAL MEDIA

The pro's are sharing from their hearts

Personal stories should stay in the room
Thank you for respecting this!

Advice can (and should) be spread and shared 😊

The idea

To develop good schools and welfare systems, we need to listen to the ones the systems are made for.

The Change Factory invites children and young people in schools, child welfare, mental health care ++ to share their experiences and advice about the services they receive.

The advice are summarized, without analysis from adults, as knowledge from children and youth.

Young people themselves, we call them pro's, present the knowledge to ministers, parliamentarians, professionals, researchers and students.

Change Methodology

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Change Methodology

FF uses an action research methodology called «Participatory Learning and Action» (PLA).

Children and youth are asked indepth questions about their experience with school and the welfare systems, and asked to give advice on how they would like the systems to be.

The role of the adults is to facilitate and make sure that all children and young people feel comfortable enough to describe their reality safely and openly.

Important steps in the PLA method are:

- Everyone gets to know each other
- The children/youth often solve assignments in groups
- All problems get concrete proposals for solutions and action points

Changing laws: Parliamentary hearings



Children and youth's knowledge presented by pro's to students and professionals



The Change Factory (FF) Knowledge Centre



SKOLEPROFFENE

MORGENDAGENS SKOLE

Lyst til å lære

FORANDRINGSFABRIKKEN

SKOLEPROFFENE

FORANDRE MED VARME

Råd for trivsel i skolen

MITT LIV

FORANDRINGSFABRIKKEN

SKOLEPROFFENE fordypning

NÅR SKOLEN IKKE PASSER

Råd fra elever som strever over tid



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SKOLEPROFFENE fordypning

NÅR SORG KOMMER BRÅTT

Råd om hvordan skolen kan ta vare på oss som har opplevd sorg



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SKOLEPROFFENE fordypning

Å TENKE SÅ DET KNAKER

Råd fra elever med stort læringspotensial



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Toolkits for teachers



Participants in surveys

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5200 children in schools
1500 children in child welfare
1700 children in mental health care
350 children exposed to violence and abuse
and more...



How children and youth want to be viewed by adults

Children and youth have important
knowledge about their own lives.

They have the same value as adults.

They need love and must be believed in
and taken seriously.

Values and professional attitudes

OPENNESS

be honest and provide enough
and useful information

LOVE

share warmth - in eyes,
body language and words

COOPERATION

make the environment safe
enough to share, give information,
invite to take part in decision
making and to give feedback

HUMILITY

believe in children, listen to them to
fully understand, say thank you
and apologize

Advice from children and youth

Make school appealing:

Understand that we want to
succeed

Warmth and fun matters

Safety is key

Cooperate (enable us to manage)

Include LIFE as a topic in school

If we stop attending -
what can the school do?

Ask US why

Think behavior as a language

Reach out – warmly

Think the best about us

Don't give up on us

Help us understand the consequences

When we do show up after absence
- how to retain us?
(Pulling in vs pushing out)

Make us feel welcome and safe

Be patient

Show that you care

Focus on solutions

Expectations are important

Cooperation with the home / other adults

The student as captain (closest collaborator)

Talk to the student before the care givers

If the student feels comfortable enough to tell you the actual reason(s) protect this info!

If involvement of others is needed:
cooperate!

Who can help?

ANYONE

